

Week of

Monday	Tuesday	Wednesday	Thursday	Friday
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Sept. 7	School Closed	Swiss Steak Macaroni and Cheese Mixed Vegetables Juice	Sweet & Sour Scallops Rice & Peas Steamed Vegetables Juice	Veggie Burger Tossed Salad Juice	
Sept. 14	Dinner Roast Vegetable Rice Tossed Salad juice	Prime Steak Yellow Rice Broccoli Juice	Curried Chunks White Rice Tossed Salad Juice	Pizza Tossed Salad Juice	
Sept. 21	Lasagna w Garlic Bread Salad Juice	Stir Fry Tofu Baked Potatoes Juice	Swiss Steak Mashed Potatoes Broccoli Juice	Curried Chunks White Rice Steamed Vegetables Juice	
Sept. 28	Baked Ziti Tossed Salad Juice	Veggie Hero Sandwich juice	Spanish Rice with Veggie Meat Plantains Tossed Salad Juice	Veggie Burger French Fries Juice	